



## Collection Information For Semen Analysis LABORATORY

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### \*\*\*\* DELIVER TO LAB WITHIN 1 HOUR OF COLLECTION \*\*\*\*

- PLEASE DELIVER SPECIMEN TO ANMED HEALTH OUTPATIENT PHLEBOTOMY AT 2000 E. GREENVILLE ST. MONDAY-FRIDAY FROM 8:00 A.M. TO 4:00 P.M.
- BRING THIS COMPLETED FORM ALONG WITH REQUISITION AND INSURANCE INFORMATION.
- DO NOT WAIT IN REGISTRATION LINE. GO IMMEDIATELY TO THE REGISTRATION DESK AND ASK TO SEE A PHLEBOTOMIST TO DROP-OFF A SPECIMEN.
- SPECIMEN SHOULD BE HAND DELIVERED TO A PHLEBOTOMIST.

### INSTRUCTIONS FOR THE COLLECTION AND DELIVERY OF A SEMEN SAMPLE

1. Do not have sex and do not masturbate for 2 to 7 days before collecting semen sample to bring to the lab.
2. Produce the semen sample by masturbation, but do not use artificial lubrication, i.e. K-Y Jelly, Vaseline, etc.
3. Collect the entire semen sample in the clean, sterile, wide-mouthed container.
4. Label the specimen container with your full name, date of birth and the date and time of collection.
5. Wrap the container containing the semen sample in tin foil to protect from light and help maintain temperature.
6. Complete the "Collection Information" form below.
7. **Bring the container/semen sample to the laboratory immediately, keeping it warm in a pocket near your body.** Specimen testing must be performed within 1 hour of collection.
8. If you have any questions, contact client services at 512-1816 or 800-868-5877, Monday-Friday, between 7:00 a.m. and 6:00 p.m.

### TO BE COMPLETED BY PATIENT:

NAME \_\_\_\_\_ DATE OF BIRTH \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE NUMBER \_\_\_\_\_

PERIOD OF ABSTINENCE (Number of days without sex and/or masturbation) \_\_\_\_\_

METHOD OF COLLECTION MASTURBATION (YES OR NO) \_\_\_\_\_

DATE OF COLLECTION \_\_\_\_\_

TIME OF COLLECTION \_\_\_\_\_

ENTIRE SAMPLE COLLECTED (YES OR NO) \_\_\_\_\_

TRANSPORT PROBLEMS (EXPOSURE TO EXTREME TEMPERATURES – YES OR NO) \_\_\_\_\_

HAVE YOU HAD A VASECTOMY? CIRCLE: YES OR NO IF YES, DATE PERFORMED \_\_\_\_\_

### TO BE COMPLETED BY PROCESSING PERSONNEL:

TIME SPECIMEN RECEIVED FOR PROCESSING \_\_\_\_\_

TYPE OF SPECIMEN CONTAINER, i.e., STERILE, PLASTIC, etc. \_\_\_\_\_